



# New Hanover County Food Assistance Resource Guide

To suggest additions or revisions to this document,  
please contact [capefearfoodcouncil@gmail.com](mailto:capefearfoodcouncil@gmail.com).

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# Part 1 - Food Assistance Resources for Communities in Need

## RESOURCES FOR CHILDREN UNDER 18 YEARS

### Options for Pick Up

#### New Hanover County Schools

**Available To:** All children under 18 years of age

**Service Provided:** Meals provided will include lunch for that day and breakfast for the following morning.

**Instructions:** Meals will be distributed from a bus in the parking lot beginning at 11:30am. Verification of the meals being distributed to children 18 years or younger is required and parents and/or guardians may pick up meals.

**Days/Times:** Monday-Friday, 11:00am-1:00pm

#### Locations in Wilmington:

- Annie H. Snipes Academy of Arts & Design - 2150 Chestnut St, Wilmington
- Castle Hayne Elementary - 3925 Roger Haynes Dr, Castle Hayne
- College Park Elementary - 5001 Oriole Dr, Wilmington
- D.C. Virgo Preparatory Academy - 813 Nixon St, Wilmington
- Edwin A. Alderman Elementary - 2025 Independence Boulevard, Wilmington
- Emma B. Trask Middle School - 2900 N College Road, Wilmington
- Mary C. Williams Elementary - 801 Silver Lake Road, Wilmington
- Mary Washington Howe Pre-K Center - 1020 Meares Street, Wilmington
- New Hanover High School - 1307 Market St, Wilmington
- Pine Valley Elementary - 440 John S Mosby Dr, Wilmington
- Sunset Park Elementary - 613 Alabama Ave, Wilmington
- Rachel Freeman School of Engineering - 2601 Princess Place Dr, Wilmington
- Winter Park Elementary - 204 South MacMillan Avenue, Wilmington
- Wrightsboro Elementary - 2716 Castle Hayne Road, Wilmington

#### Location in Carolina Beach:

- St. Paul's United Methodist Church - 300 Harper Ave, Carolina Beach
  - Instructions for this location: Families should contact their local school by 4:00pm to pre-order meals for delivery to St. Paul's the following day.

#### Online Information:

- [Website](#)
- [Facebook Page](#)

#### Brigade Boys & Girls Club

**Available To:** Youth ages 5-18

**Service Provided:** Breakfast & lunch

**Days/Times:** Monday-Friday, 11:00am-1:00pm

#### Locations:

- Montgomery Register Teen Center - 2759 Vance St, Wilmington
- Houston Moore Housing Authority - 1601 S. 13th St, Wilmington

**Online Information:**

- [Website](#)
- [Facebook Page](#)

## GLOW Academy

**Available To:** All children

**Service Provided:** Lunch

**Instructions:** Curbside pick up

**Days/Times:** Monday-Friday, 11:00am-1:00pm

**Location:** 4100 Sunglow Drive, Wilmington

**Contact:** (910) 338-5258

**Online Information:**

- [Facebook Page](#)

## Nourish NC

**Available To:** Current participants in the BackPack Program and others in need

**Service Provided:** 30-pound boxes of nonperishable food, bread, frozen meat, and produce

**Instructions:** Contact Nourish NC at (910) 465-0995 for dates, times, and location (on Market St) of drive-thru pick up.

**Online Information:**

- [Website](#)
- [Facebook Page](#)

## RESOURCES FOR CHILDREN UNDER 18 YEARS, Continued

### Options for Delivery

## YMCA

**Available To:** All children under 18 years of age

**Service Provided:** Meals provided (from New Hanover County Schools) will include lunch for that day and breakfast for the following morning.

**Instructions:** Call/text (910) 515-1817 or email [hannah.horton@ymcasenc.org](mailto:hannah.horton@ymcasenc.org) by 10am on the day delivery is requested. Include name, address, phone number, and number of school-aged children in the household.

**Days/Times:** Monday-Friday, 11:00am-1:00pm

**Online Information:**

- [Facebook Page](#)

## GLOW Academy

**Available To:** All children

**Service Provided:** Lunch

**Days:** Monday-Friday (see times below for each location)

**Locations:**

- 11:00-11:45am - Greenville Loop Village Trailer Park, Greenville Loop Rd, Wilmington
- 11:00-11:45am - Vesta Village, Manhattan Dr, Wilmington
- 12:15-12:45pm - Oak Court Apartments, 245 S. Kerr Ave, Wilmington
- 12:15-12:45pm - Forest Hills Apartments, 505 Alpine Dr, Wilmington
- 1:00-1:45pm - Tidewater Apartments, 355 Greendale Dr, Wilmington
- 1:00-1:45pm - Hillcrest Community, 1402 Meares St, Wilmington

**Contact:** (910) 338-5258

**Online Information:**

- [Facebook Page](#)

## UNCW Latino Alliance

**Available To:** Children who reside in neighborhoods listed below

**Service Provided:** Lunch & breakfast for the following day

**Days/Times:** Monday-Friday, 12:00-12:30pm

**Locations:** Carroll C Mobile Home Community (MHC), Castle Hayne MHC, Carolina Beach Road MHC, Glynnwood MHC, Grove Park MHC, Hanover Landing Apartments, Harbour Ridge Apartments, Hooker Road MHC, Maple Ave MHC, Palms MHC, Pines Terrace MHC, Ponderosa MHC, Royal Palms MHC, Colonial Village MHC, Flemington MHC

## Community Conversations

**Available To:** All children under 18 years of age

**Service Provided:** Lunch & breakfast for the following day

**Instructions:** Call 910-502-5850 or email [info@communityconversationsnhc.com](mailto:info@communityconversationsnhc.com) with: 1) number of school-aged children, 2) address, 3) phone number.

**Locations:** Rankin Terrace, Market North, Jervay on Covil, The Palms, Terrace MHC, Taylor Homes, Eastbrook, Jervay on Dawson, The Village on Greenfield, Carolina Beach, Wilmington Housing Authority

## RESOURCES FOR CHILDREN UNDER 18 YEARS, Continued

### Restaurants Offering Meals to Children Out of School

#### Wilmington

- [Sweet N Savory Cafe](#): Free breakfast or lunch
- [Katy's Grill & Bar](#): Free lunch or dinner between 12-8pm, children must be present
- [Magnolia Social Cafe](#): One free meal per day per child

#### Carolina Beach

- [Lazy Pirate](#): Free lunches Monday-Friday. Parents can come by between 11am-1pm to pick up.
- [Buzz Roost at the Beach](#): Free lunches Monday-Friday between 12pm - 5pm. Each lunch will contain a ham and cheese or turkey and cheese sandwich, a bag of chips and a cookie. If delivery is needed, text 704-560-6552.

#### Leland

- [Mr. Bagel Meister](#): Free breakfast

# RESOURCES FOR SENIORS

## Options for Pick Up

### Senior Resource Center

**Available To:** Seniors age 60+ and registered participants in the Congregate Meal Program

**Service Provided:** Carryout lunch

**Instructions:** Call 910-798-6420 one day prior to reserve a meal.

**Days, Times & Locations:**

- Monday-Friday, 11:00am-1:00pm - Senior Resource Center, 2222 S. College Rd, Wilmington
- Monday-Wednesday, 12:00-12:30pm - Castle Hayne location, 4544 Parmele Rd, Castle Hayne

**Online Information:**

- [Website](#)

## Options for Delivery

### Senior Resource Center

**Available To:** Seniors age 60+ who are homebound, live alone and are unable to cook and/or shop.

**Service Provided:** Lunch

**Instructions:** Call 910-798-6400 to have an initial phone intake for this program. There is currently a waiting list, but a social worker is available to connect people to other resources.

**Days:** Monday-Friday

**Online Information:**

- [Website](#)

### Weekend Meals on Wheels

**Available To:** Seniors age 60+ and disabled individuals who are homebound.

**Instructions:** Call 910-612-0676 for more information.

**Days:** Saturday & Sunday

**Online Information:**

- [Website](#)

# RESOURCES FOR THE GENERAL PUBLIC

## Options for Pick Up

### Food Bank of Central & Eastern NC at Wilmington

Visit [www.foodbankcenc.org/find-help/food-finder/](http://www.foodbankcenc.org/find-help/food-finder/) for a searchable database that shows all Food Bank partners providing services including food pantries, hot meals, shelter meals, etc. Changes in dates and times that these agencies are open and serving is being updated in real-time.

### Community Gardens

Visit [https://www.nccgp.org/garden\\_directory](https://www.nccgp.org/garden_directory) for information about local community gardens that allow the public to harvest fresh fruits and vegetables.

### Catholic Charities

**Service Provided:** Curbside Food Pantry

**Instructions:** By appointment only - call 910-251-8130 to schedule your visit

**Day/Time:** Wednesdays 2-4pm, Fridays 9:30-11:30am

**Location:** 20 N. 4th St, Wilmington

**Online Information:**

- [Website](#)

### First Fruit Ministries

**Service Provided:** Drive-thru food pantry

**Days/Times:**

- Tuesday, 11am-1pm
- Wednesday, 10am-2pm
- Saturday, 11am-1pm

**Location:** 2750 Vance St, Wilmington

**Online Information:**

- [Facebook](#)

### Global River Church

**Service Provided:** Drive through lunch pick up

**Day/Time:** Thursday, 11am-12pm

**Location:** 4702 College Rd, Wilmington

**Online Information:**

- [Facebook](#)

## Good Shepherd Center

**Service Provided:** To-go lunch

**Instructions:** Valid photo ID required

**Days/Times:** Monday-Friday, 11am-12pm

**Location:** 811 Martin St, Wilmington

**Online Information:**

- [Website](#)

## Hawks Harvest (UNCW Food Pantry)

**Available To:** UNCW Students

**Service Provided:** Food pantry

**Instructions:** Call 910-792-0507 to schedule pick up, if you can't make regular pantry hours (see below).

**Day/Time:** Thursday, 3:00-5:15pm or by appointment

**Location:** 4802 College Acres Dr, Wilmington

**Online Information:**

- [Website](#)

## Vigilant Hope

**Service Provided:** Bagged to-go meals

**Days, Times & Locations:**

- Monday, 8:30am - Lake Forest Baptist Church, 1626 Lake Branch Dr, Wilmington
- Thursday, 6:15pm - The Lord's Church of Wilmington, 1502 S. 5th St, Wilmington
- Saturday, 9:00am - Lake Forest Baptist Church, 1626 Lake Branch Dr, Wilmington

**Online Information:**

- [Facebook](#)

## RESOURCES FOR THE GENERAL PUBLIC, Continued

### Options for Delivery

#### Pine Valley Market Delivery to Creekwood South Neighborhood

**Available To:** Residents of Creekwood South

**Service Provided:** Family-style lunches (feed a family of four) and weekend bags on Fridays

**Days/Times:** Monday-Friday, 12pm until meals run out

**Location:** 440 John S. Mosby Dr, Wilmington

#### Local Motive Mobile Farmers Market (Feast Down East)

Direct deliveries at Wilmington Housing Authority locations to begin March 20th. More information to come on the [Facebook page](#).

## Part 2 - Local Food Available for Purchase

### FARMERS MARKETS

#### Wilmington Farmers Market @ Tidal Creek

**Service:** Drive-through pick up

**Day/Time:** Saturday, 8am-1pm

**Location:** Currently being held at Wrightsville Beach Brewery, 6201 Oleander Dr, Wilmington

**Other Information:** Accepts SNAP/EBT and offering the Fresh Bucks program (matches each dollar spent using SNAP/EBT).

**Online Information:**

- [Website](#)
- [Facebook](#)

### LOCAL FARMS OFFERING PICK UP OR DELIVERY

#### Farms Offering Pick Up Options

- [Changin' Ways Farm](#): Order online, delivered to your doorstep
- [Red Tailed Farm](#): Order online, delivered to your doorstep

#### Farms Offering Delivery

- [Humble Roots Farm](#): Order online, pick up at the farm stand (1247 Scotts Hill Loop Rd, Wilmington)
- [N-Sea Oyster Co](#): Order online, can ship or pick up in Hampstead
- [Terra Vita Farm](#): Order online, pick up at the farm in Castle Hayne

### OTHER LOCAL FOOD RESOURCES

#### Tidal Creek Coop

**Services:** Stocking local produce, meats and dairy. Serving take-out only meals from the hot bar and salad bar.

**Days/Times:** Daily, 8am-9pm

**Location:** 5329 Oleander Dr #100, Wilmington

**Other Information:** Accepts SNAP/EBT

**Online Information:**

- [Website](#)
- [Facebook](#)

#### Community Gardens

Visit [https://www.nccgp.org/garden\\_directory](https://www.nccgp.org/garden_directory) for information about local community gardens that allow the public to harvest fresh fruits and vegetables.